

SAFE LIVING *Technologies Inc.*

Installation Guide: Radio Frequency (RF) and Microwave Radiation Bed Shielding Canopy



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Installation Guidelines

Please read the complete installation guide before installing the canopy. Each canopy is a custom installation and this procedure will vary accordingly. These guidelines are specifically for the most common type of installation, which is drywall construction. Other installations will be different but share the same concepts.

For optimal results, it is recommended to have a complete Electromagnetic Field Assessment conducted by one of our EMF consultants before installing this canopy. It is imperative to install the canopy in a low electric field environment, slightly away from the wall and away from live electrical outlets. The canopy is not externally conductive and cannot be grounded. Avoid the use of electrical or electronic devices inside or around the canopy. For more information contact one of our local distributors.

People required for installation

- Two or more people will be required to install this canopy.

Tools Required

- Step ladder, drill and drill bits, stud finder not in all cases but depends on the ceiling.
- Plumb bob - (string with a weight will work as well) - used to align the dowel position on the ceiling.
- A saw may be required to adjust the length of the dowels.

Parts Required

- All items can be picked up at your local box store. (Home Depot)



3 - Hardwood Dowels - 1 inch to 1.5 inch diameter by 7 to 8 feet in length. Length depends on the size of your canopy.



6 - Drywall Anchors



6 - Screw Eyes



Approx. 15 feet of string



6 - Screw Hooks

Dowel Preparation

- Determine the length of dowels required.
- This can be done by spreading the canopy open and carefully feeding a dowel through the center loop, on the top of the canopy. The dowel should stick out 1 to 2 inches from each side of the canopy loop. See picture below.
- Check the other 2 canopy loops for length as well and cut the dowels to the appropriate length.
- Prepare the ends of the 3 dowels for the **screw eyes**.
- The dowels are made of hard wood therefore require pilot holes to be drilled.
- Drill the appropriate size hole in the center of the end of each dowel (a total of 6 holes)
- Screw the **screw eyes**, completely into the hole on the end of each dowel as shown below. Do not attach the string at this point.
- Repeat the process for all 6 dowel ends.



Dowel Installation

- We will start by installing the center dowel.
- Feed a prepared dowel carefully through the center loop, on the top of the canopy.
- Place the center dowel in the **exact**, desired position in the center of the bed. Tuck the rest of the canopy underneath the center dowel so it is out of the way. Install the canopy several inches away from the wall.
- We need to transpose the alignment of the dowel on the bed to the ceiling with the use of a plum bob. (See below)
- **Please note that the next step is important.** We do not want extra holes in the ceiling, so be accurate.
- You will need to mark 2 holes on the ceiling, one for each end of the center dowel. Use the plumb bob to mark the position of the holes in the ceiling. Place the plumb bob string on the ceiling and align the weighted end with the *screw eye* of the dowel at the head of the bed. Make sure it is perpendicular to the dowel, “straight up and down”. Then mark the ceiling. Repeat the same process for the *screw eye* in the dowel at the foot of the bed. Drill appropriate size holes in the ceiling for the drywall anchors. Insert the drywall anchors into the holes. These anchors will expand and lock into place when the screw hook is inserted and turned into them. Insert the screw hooks into the drywall anchors for the center position dowel, and screw in the *screw hooks* as shown below:



Plumb Bob



Drywall Anchors



Screw Hook into Drywall Anchors
- Attach loop of string

- Cut 2 strings 2 to 3 feet long and loop the end, as in the above picture.
- Hook the string on each *screw hook* on the ceiling.
- Lift the center dowel to the approximate desired height. The bottom edge of the canopy should be touching the ground.
- Note: **Do not** permanently tie the dowels at this point because more adjusting will be required once the other dowels are mounted and tied.
- Temporarily tie the string from *screw hooks* in the ceiling to the *screw eyes* in the ends of the dowels. The exact height will need to be adjusted once all of the dowels are hung.
- Next, mount the right dowel.
- Feed a prepared dowel carefully through the right loop, on the top of the canopy.
- Hold up the right dowel to the desired height and position. Allow the top of the canopy to droop 6 to 14 inches between dowels. This distance between dowels will vary depending on the width of your canopy and personal preference. See picture below for desired canopy shape.



- **Again, please note that the next step is important.** We do not want extra holes in the ceiling, so be accurate.
- You will need to mark 2 holes on the ceiling, one for each end of the right dowel. Use the plumb bob to mark the position of the holes in the ceiling. Place the plumb bob on the ceiling and align the weighted end with the *screw eye* of the dowel at the head of the bed. Make sure it is perpendicular to the dowel, “straight up and down”. Then mark the ceiling. Repeat the same process for the *screw eye* in the dowel at the foot of the bed. Drill appropriate size holes in the ceiling for the drywall anchors. Insert the drywall anchors into the holes. Insert the screw hooks into the drywall anchors for the right position dowel and screw in the *screw hooks*.
- Cut 2 strings 2 to 3 feet long and tie a loop in them as in the previous picture.
- Hook the strings on the *screw hooks* in the ceiling.
- Lift the right dowel to the approximate desired height. The bottom edge of the canopy should be touching the ground.
- Note: **Do not** permanently tie the dowels at this point because more adjusting will be required once the left dowel is mounted and tied.
- Temporarily tie the string from the *screw hooks* in the ceiling to the *screw eyes* in the ends of the right dowel. The exact height will need to be adjusted once the left dowel is hung.
- Repeat the right dowel installation process for the left dowel.
- Once all of the dowels are mounted in the desired position in the ceiling, the final height can be set and the strings can be permanently tied.
- Adjust each string so the canopy just touches the ground in all areas.

Enjoy your new Canopy!

Safety Guidelines & Care for Swiss Shield® Curtain Fabrics

Dear Customer,

We are very pleased that you have decided on one of our Swiss Shield® EMV fabrics, and we are sure you will be entirely satisfied with it.

Please note:

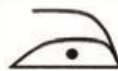
Regardless of the quality of Swiss Shield® fabrics, it is still important to follow the complete range of safety guidelines which will guarantee that our product will provide you with optimum performance.

- When the Swiss Shield® fabric is installed, its location, quantity and proper installation should be determined by a trained EMF specialist or consultant. This fabric will reflect Radio Frequency Radiation and improper installation can result in increased exposure. Please review our distributors list for qualified personnel.
- In order to ensure optimum screening performance, the specialist or consultant should assess the living space for Radio Frequency “RF” Radiation and AC Electric Fields. Before and after measurements are important to determine the overall effectiveness of the shield. If a specialist is not available in your area then appropriate measuring equipment would be required. Please review our EMF and RF Meter product pages for details.
- Unless otherwise indicated, Swiss Shield® fabrics are surface-insulated to allow to for washing without shielding loss. Be cautious with other fabrics that have exposed metal as this material can rub off, become airborne and cause irritation or health effects. When washed, the shielding effectiveness of fabrics with exposed metal will significantly degrade.
- We do not recommend grounding the fabric because it is not externally conductive. In the event that a ground is applied to the Swiss Shield® fabric, please consult with your local licensed electrician and comply with local electrical codes. For added protection, a connection to a ground fault protected circuit (GFI) can be used.
- Avoid the use of electronic or electrical devices near or under the fabric.
- Unless otherwise indicated, Swiss Shield® fabric is not fire retardant. Use with caution and at your own risk.
- Unless otherwise indicated, Swiss Shield® fabric is intended exclusively for indoor use in dry areas.
- As with all new textile fabric, a “new material” scent may exist. This impact of this scent is dependent on a person’s chemical sensitivity and varies from person to person. This can be resolved by washing the material before installation.
- The installation and use of this product is you responsibility. We undertake no liability for any damage incurred by improper use, care, installation, or lack of protective measures.

Washing:



Machine washable (gentle cycle) with cold water.



Iron without steam at degree 1.



No bleaching.



No chemical dry-cleaning.

Drying:



Hang Dry



Do Not Tumble Dry