Healing Chronic Illness in a Toxic World
A Paradigm Shift in Medicine: Your Environment Matters

Saturday, October 27, 2018
Mary Baldwin University | Staunton, Virginia

Healing Chronic Illness in a Toxic World conference takes you from professional theory to practical application in the same day. This one-day, workshop-format integrative health event will bring together expert clinicians, home health specialists, and public policy officials all in the same room—interacting, engaging, creating solutions—to launch an expanded perspective on healing, managing and preventing chronic disease: your environment matters.

Early Bird Registration (until August 15): $250 per attendee
Regular Registration: $295 per attendee

Learn more & register: www.2Thriving.com
WHY ATTEND:

Join a new generation of thinkers and healthcare providers who take into account the environment, the complexity of Environmentally Acquired Illness (EAI) and collaborate with experts from multiple disciplines to create true solutions to chronic illness.

Key takeaways include:

• The rising incidence of chronic health issues associated with environmental toxins, and proactive approaches to reducing exposures in everyday life.
• The history and regulation of chemicals in the U.S., a special class of chemicals called endocrine disruptors and their unique biological properties.
• Diet optimization, microbial/pathogen reduction and targeted nutritional testing for patients with complex chronic illness.
• How to assess and mitigate chemical, electromagnetic, and biological exposures in the home and/or workplace to support healing and restoration.
• The biological effects of electromagnetic fields and the critical role the indoor built environment plays in chronic disease.
• Recognizing environmental illness: testing and managing environmental toxins.
• How to affect positive change in public policy for wireless and emerging technologies, and how to organize community for meaningful and protective change.

SPEAKERS INCLUDE:

KEYNOTE SPEAKER
ALY COHEN, MD, FACR, FABOIM
Founder & Medical Director, Integrative Rheumatology Associates, PC
Founder & Medical Director, TheSmartHuman.com

THEODORA SCARATO, MSW
Executive Director, Environmental Health Trust

MELANIE DORION, NP
Founder and CEO, Pentad Integrative Health

CHRISTOPHER BUONOCORE, B.S. Indoor Health
Founder, LifeSource Environmental Solutions

View our complete agenda at www.2thriving.com/schedule

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WHAT YOU’LL GET:

Interaction: Informative morning lecture sessions will segue into experiential afternoon small group workshops. Attendees will rotate through all four workshops to allow for engaged learning and hands-on application and interaction with the speakers and exhibitors—before leaving the conference. Workshops will include case studies, labs and lab testing kits, functional and integrative testing, document and letter templates to support better public policies, safe products for the home, ethernet cables, home testing and more.

Connection: “Networking” is a buzzword. Establishing real connections is what counts. You will return home with more than just a trophy stack of business cards. Instead, you will garner and cultivate new relationships that can help transform your professional and personal health goals.

Space: Because a healthy built environment is essential, our event space will not be an energy-zapping lecture hall. Our sessions and workshops will take place in an expansive ballroom with natural sunlight and fresh air at Mary Baldwin University where you will be inspired to learn. Attendees will also have an opportunity to engage with the organizers, speakers, vendors and others in a relaxed fashion during our outdoor evening cocktail event, featuring a private viewing of the award-winning documentary Generation Zapped. All of this on a historic university campus overlooking the beautiful Shenandoah valley.

Nutrition: Real food gives you real energy. All meals and snacks provided will be gluten-free and dairy-free, without harmful chemical additives or fake dyes. You will eat well. We have your body’s nutritional wellness in mind.

Authenticity: All three co-founders of 2Thriving have personal experience healing from chronic illness and living by the principles presented at the conference. As individuals, we use non-toxic products and strive to eliminate harsh chemicals. We eat according to clean, bio-individual nutritional strategies. And we connect with wired Ethernet cords for internet access. We practice what we preach. And we’re excited to help you learn.

Please join us for this unique and transformative event. Thriving health is the goal. Let’s make it happen.

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ABOUT 2THRIVING
2Thriving was created by co-founders Melanie Dorion (NP), Alison Main (environmental health writer), and Christopher Buonocore (BBEC, EMRS) to create innovative solutions to chronic disease and illness. Their vision is to educate healthcare clinicians and professionals on the vital connection between health and the environment in which we live, concentrated on three premises of: The Built Environment, The Biological Environment, and The Regulatory Environment. Through education and knowledge, we can all impact positive change in our own lives, the lives of others, and the world around us.

Learn more about the founders: www.2thriving.com/about

Questions?
Contact Alison Main, Conference Director, at alison@alisonmain.me or 914.912.5420

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